

## 2013 TRACK TIMETABLE

### MATCH 1 AND 3

<b>11.00</b>	U/13 Girls	75 M
<b>11.15</b>	U/13 Boys	100 M
<b>11.25</b>	U/15 Girls	100 M
<b>11.35</b>	U/15 Boys	100 M
<b>11.50</b>	U/13 Girls	600 M
<b>12.05</b>	U/13 Boys	800 M
<b>12.15</b>	U/15 Girls	800 M
<b>12.20</b>	U/15 Boys	800 M
<b>12.40</b>	U/13 Girls	150 M
<b>12.50</b>	U/13 Boys	200 M
<b>13.00</b>	U/15 Girls	200 M
<b>13.15</b>	U/15 Boys	200 M
<b>13.30</b>	U/13 Girls	70 M H
<b>13.45</b>	U/13 Boys	75 M H
<b>13.55</b>	U/15 Girls	75 M H
<b>14.10</b>	U/15 Boys	80 M H
<b>14.25</b>	U/13 Girls	1K Walk
<b>14.25</b>	U/13 Boys	1K Walk
<b>14.40</b>	U/15 Girls	2K Walk
<b>14.40</b>	U/15 Boys	2K Walk
<b>15.05</b>	U/15 Girls	4 x 100 Relay
<b>15.15</b>	U/15 Boys	4 x 100 Relay
<b>15.25</b>	U/13 Girls	4 x 100 Relay
<b>15.35</b>	U/13 Boys	4 x 100 Relay
<b>15.50</b>	U/15 Girls	4 x 300 Relay
<b>16.00</b>	U/15 Boys	4 x 300 Relay

### MATCH 2 AND 4

<b>11.00</b>	U/13 Girls	150 M
<b>11.10</b>	U/13 Boys	200 M
<b>11.20</b>	U/15 Girls	200 M
<b>11.30</b>	U/15 Boys	200 M
<b>11.45</b>	U/13 Girls	1200 M
<b>12.00</b>	U/13 Boys	1500 M
<b>12.15</b>	U/15 Girls	1500 M
<b>12.30</b>	U/15 Boys	1500 M
<b>12.45</b>	U/13 Girls	75 M
<b>12.55</b>	U/13 Boys	100 M
<b>13.10</b>	U/15 Girls	300 M
<b>13.20</b>	U/15 Boys	300 M
<b>13.35</b>	U/13 Girls	70 M H
<b>13.50</b>	U/13 Boys	75 M H
<b>14.00</b>	U/15 Girls	75 M H
<b>14.15</b>	U/15 Boys	80 M H
<b>14.30</b>	U/15 Girls	4 x 100 Relay
<b>14.45</b>	U/15 Boys	4 x 100 Relay
<b>15.00</b>	U/13 Girls	4 x 100 Relay
<b>15.15</b>	U/13 Boys	4 x 100 Relay
<b>15.30</b>	U/15 Girls	4 x 300 Relay
<b>15.45</b>	U/15 Boys	4 x 300 Relay

### 2013 Field Event Timetable

#### Match 1

11.00	U13 Girls	High jump
11.00	U13 Boys	Discus
11.00	U15 Girls	Javelin
11.00	U15 Boys	Shot Put
12.00	U13 Girls	Discus
12.00	U13 Boys	Shot Put
12.00	U15 Girls	Long Jump
12.00	U15 Boys	High jump
13.00	U13 Girls	Hammer
13.00	U13 Boys	Long Jump
13.00	U15 Girls	High jump
13.00	U15 Boys	Javelin
14.00	U13 Girls	Long Jump
14.00	U13 Boys	High jump
14.00	U15 Girls	Shot Put
14.00	U15 Boys	Discus
15.00	U13 Girls	Shot Put
15.00	U13 Boys	Javelin
15.00	U15 Girls	Hammer
15.00	U15 Boys	Long Jump

#### Match 2

11.00	U13 Girls	High jump
11.00	U13 Boys	Hammer
11.00	U15 Girls	Javelin
11.00	U15 Boys	Shot Put
12.00	U13 Girls	Discus
12.00	U13 Boys	Shot Put
12.00	U15 Girls	Long Jump
12.00	U15 Boys	High jump
13.00	U13 Girls	Javelin
13.00	U13 Boys	Long Jump
13.00	U15 Girls	High jump
13.00	U15 Boys	Hammer
14.00	U13 Girls	Long Jump
14.00	U13 Boys	High jump
14.00	U15 Girls	Shot Put
14.00	U15 Boys	Discus
15.00	U13 Girls	Shot Put
15.00	U13 Boys	Javelin
15.00	U15 Girls	Discus
15.00	U15 Boys	Long Jump

### Match 3

11.00	U13 Girls	High jump
11.00	U13 Boys	Discus
11.00	U15 Girls	Long Jump
11.00	U15 Boys	Shot Put
12.00	U13 Girls	Javelin
12.00	U13 Boys	Shot Put
12.00	U15 Girls	Discus
12.00	U15 Boys	High jump
13.00	U13 Girls	Hammer
13.00	U13 Boys	Long Jump
13.00	U15 Girls	High jump
13.00	U15 Boys	Javelin
14.00	U13 Girls	Long Jump
14.00	U13 Boys	High jump
14.00	U15 Girls	Shot Put
14.00	U15 Boys	Discus
15.00	U13 Girls	Shot Put
15.00	U13 Boys	Javelin
15.00	U15 Girls	Hammer
15.00	U15 Boys	Long Jump

### Match 4

11.00	U13 Girls	High jump
11.00	U13 Boys	Discus
11.00	U15 Girls	Javelin
11.00	U15 Boys	Shot Put
12.00	U13 Girls	Discus
12.00	U13 Boys	Shot Put
12.00	U15 Girls	Long Jump
12.00	U15 Boys	High jump
13.00	U13 Girls	Javelin
13.00	U13 Boys	Long Jump
13.00	U15 Girls	High jump
13.00	U15 Boys	Hammer
14.00	U13 Girls	Long Jump
14.00	U13 Boys	High jump
14.00	U15 Girls	Shot Put
14.00	U15 Boys	Javelin
15.00	U13 Girls	Shot Put
15.00	U13 Boys	Hammer
15.00	U15 Girls	Discus
15.00	U15 Boys	Long Jump